

Pleasant Aerie Arts Programs

presents

Mandala Workshop Series

A hands-on opportunity for understanding
the mysteries found within using Mandalas

Thursday, April 15, Thursday, April 22, Thursday April 29 7-8PM

Ancient Ways 3029 Ingersoll, DM 515-274-9034

Join us for a new exciting series of classes exploring the wonders of the
MANDALA.

The FIRST class will be an introduction to the Mandala, some meditation
techniques to use and an opportunity to create your own Mandala!

The SECOND class will look at some Jungian ideas of the Mandala and
then explore the uses of Mandalas throughout the world. We will create a
BLACK Mandala for ourselves.

In the FINAL class we will discover and work with the Mandala as seen in
nature. We will walk outside and explore the creative Mandalas all
around us.

All materials will be provided.

To register: 274-9034 or www.pleasantaerie.com

*Class: individual class \$20.00; series of 3 classes \$50; minimum of 5
students*



Thea M Nicholas, MA

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515-274-1054

www.pleasantaerie.com

be alert! be alive! be aglow!